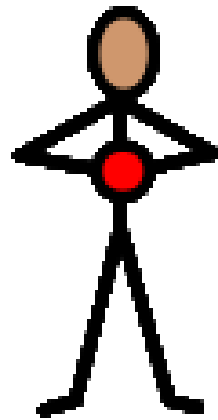
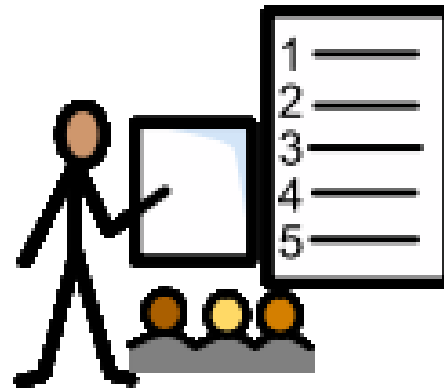


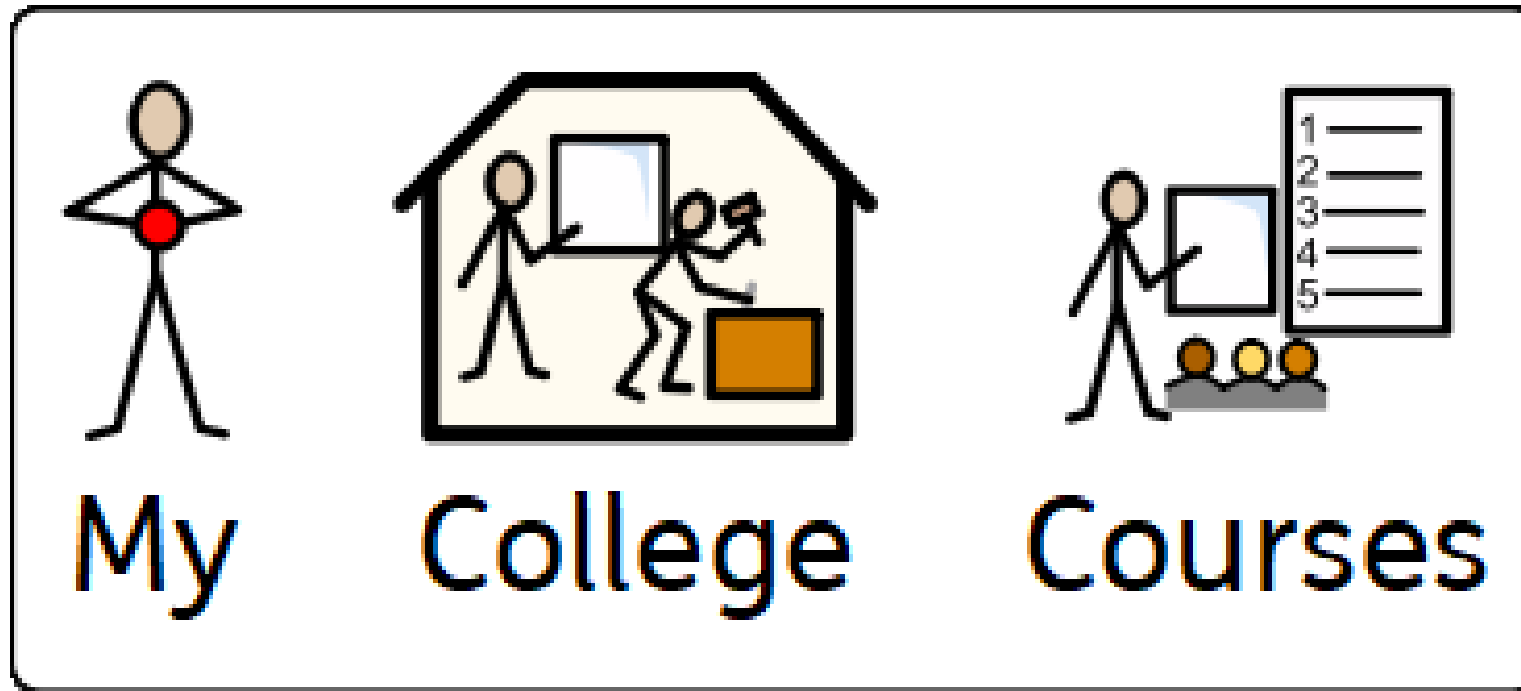
Programme of Study: Preparation for Adulthood 2022-2023



My

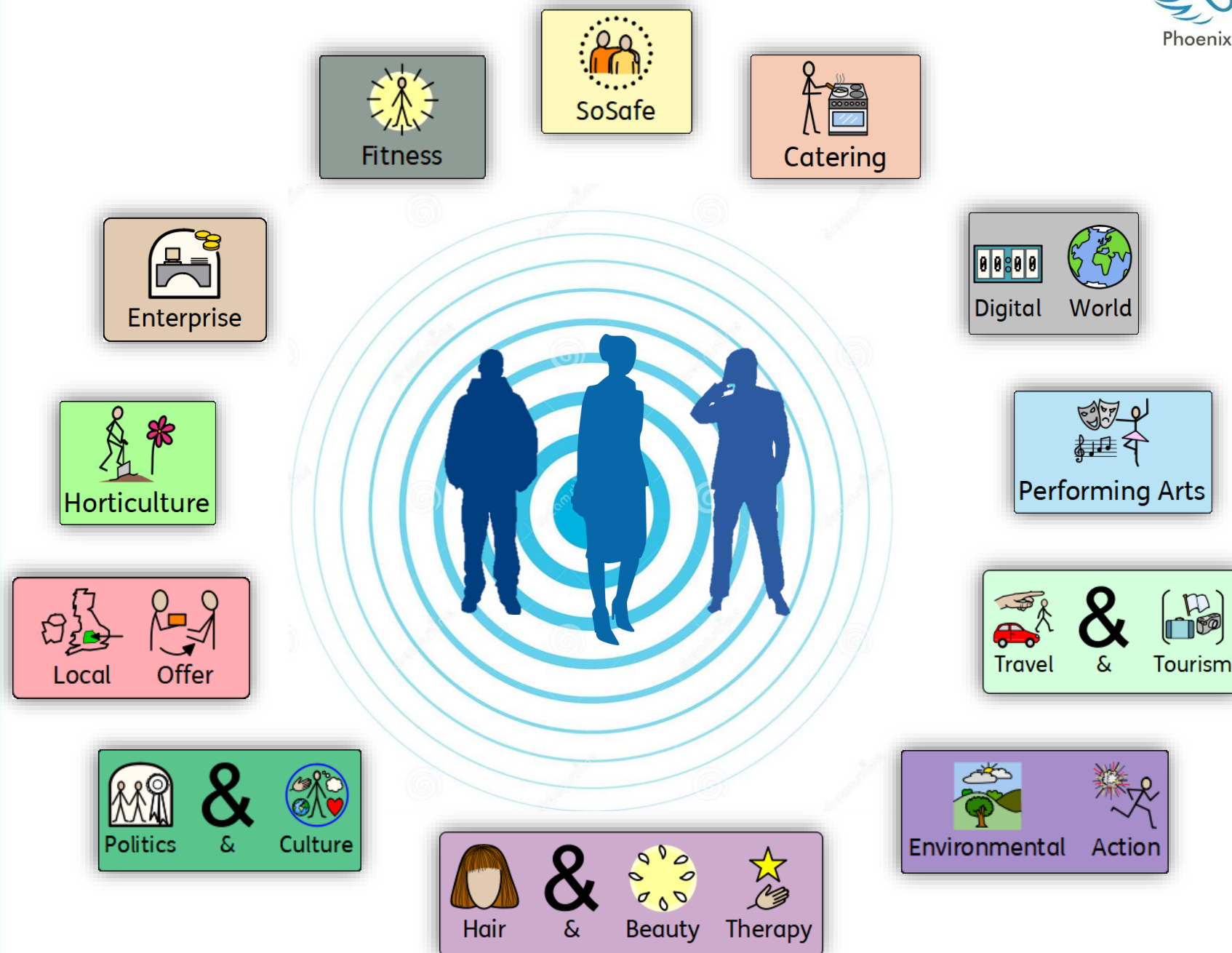


Courses



Preparation for Adulthood
2022-2023

These are the
courses that
you can take
at Phoenix
College this
year.





SoSafe



is led by



My Instructor



Phoenix College

Course Outline – Students will develop their social-safety skills and gain further understanding about their bodies, adult relationships and sex.

Career Links – Students will learn how to manage and develop positive, professional relationships in the work place.



friends



partner



relationships



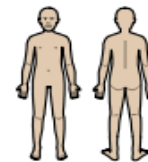
private



consent



help



my body



feelings



pregnancy



Catering



is led by



M

Mohammed



Phoenix College

Course Outline – Students will learn how to safely and independently plan and prepare snacks and meals for themselves and others.

Career Links – Students will learn about different job roles within the catering industry. They will also create an enterprise project by making and selling food to sell to customers.



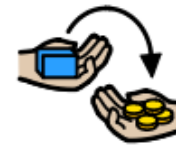
cooking



serving



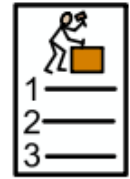
cleaning



selling



shopping



planning



budgeting



tasting



Digital



World



is led by



Frank



Outline - Students will learn how to use personal computers, iPads and laptops to develop their information technology skills. Students will also learn how to use digital equipment in the community.

Career Links – Every student will be able to develop their knowledge and understanding of the work-related digital world, from creating their own online CV to using a library card to check out a book. Some students will also develop their own online digital businesses using social media and online marketplaces.



email



internet



library



checkout



oyster card



bank card



typing



navigation



social media



R

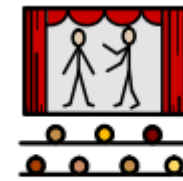
Performing Arts is led by Rick

Course Outline - Students will learn how to use music, drama and dance as a way to express themselves, communicate with each other, and have fun.

Career Links – Students will learn about different job roles within the theatre and music industries, with opportunities to develop skills for these roles. Students will visit different venues which showcase the arts, with opportunities to learn about the people who work there.



dancing



acting



technology



singing



instruments



performing



careers



listening



Travel



&



Tourism



is led by



S

Sarah



Phoenix College

Outline - Students will develop their independence when travelling in the local community and beyond. Students will also learn about London's tourism sector by visiting a rang of major tourism hubs around the city.

Career Links – Students will learn about jobs within the tourism sector by visiting major transport hubs, historical landmarks, religious and sporting venues, hotels and arts centres in order to see who works there and what their roles are.



travel



training



bus



train



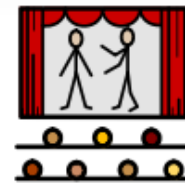
landmark



museum



underground



theatre



gallery



stadium



Environmental



Action



is led by



S

Sarah

Outline - Students will take part in group volunteer projects which contribute towards the care and conservation of their local community.

Career Links – Throughout this course, students will have hands on experience of work related to gardening, park management, waste disposal, sustainability, wildlife and recycling.



recycling



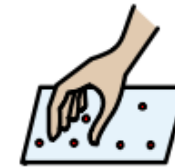
wildlife



gardening



litter



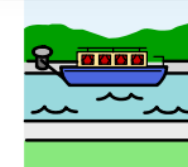
picking



community



conservation



waterways



parks



Hair



&



Beauty



is led by



E

Elena



Phoenix College

Outline -Students will develop their skills in using a range of tools and equipment commonly found in barber shops and beauty salons. They will apply these skills by learning how to provide a range of hair and beauty treatments to friends and customers.

Career Links – Students will learn about different job roles within the hair and beauty industry by visiting a range of different businesses within the local community. They will see first hand how a hairdresser, make up artist, barber, massage therapist and beauty therapist work.



hairdresser



nails



makeup



shave



barber



massage



wash hair



brush hair



blow dry



Politics



&



Culture



is led by

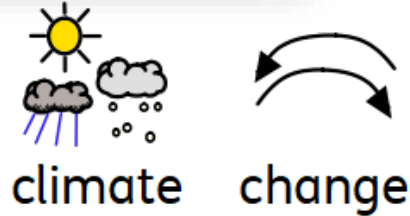


My Instructor

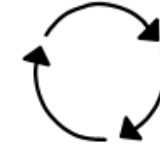


Outline – Students will learn about, celebrate and campaign for a range of local and global issues which add meaning, and are relevant, to their lives. They will also learn about and celebrate the wealth of diverse cultures within their community and beyond.

Career Links – By learning about a diverse range of people and how they live their lives, students will be increasingly able to make bold, individual choices about how they want to live their own lives – including which career path to take.



climate change



sustainability



activism



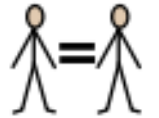
LGBTQ



diversity



gender



equality



race



religion



human



rights



Local



offer



is led by



My Instructor

Outline – Students will learn about the wide range of support services which are available to them. This will create sustainable links within their local community, and teach them how to access the support that they need going forward.

Career Links – Students will learn how to access services such as careers advisors and access to work, all of which will help them gain sustainable employment outcomes.



medical centre



careers advice



supported living



social worker



day services



adult learning



benefits

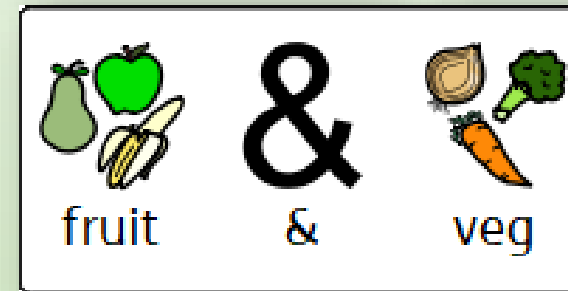
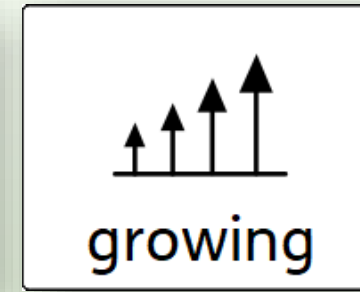


support worker



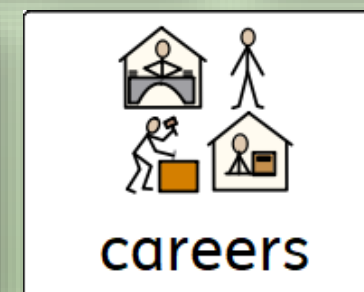
Outline - Students will learn how to grow, maintain and identify different plants; as well as grow vegetables and fruit, and support insects and wildlife in the garden space.

Career Links – Students will learn about different job roles within the horticulture sector, with opportunities to develop skills for these roles.
Students will support the development of the horticulture social enterprise at the college, gaining valuable work experience.



&
&

veg





Enterprise



is led by



A

Alfie

Outline - Students will learn how to run an arts and craft enterprise. They will make and sell a range of creative crafts products and discover new interests.

Career Links – Students will learn about different job roles in a business and discover which ones they enjoy. They will develop new skills which will help to prepare them for getting a job, or setting up their own micro enterprise, in the future.



art



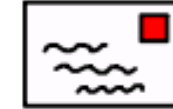
craft



selling



packaging



mail



telephone



email



money



Fitness



is led by



D

Darren

Outline - Students will learn how to improve their general fitness by participating in a range of sporting activities. Students will also track their progress through a fitness planner. They will learn how to work as part of a team through high energy group activities.

Career Links – Students will learn about different job roles within the fitness industry by visiting a range of local fitness and leisure centres, learning about the specific jobs within those companies.



swimming



running



football



tennis



basketball



aerobics



gym



leisure centre



Our study programme is tailored to meet the needs and interest of our students. If you have any suggestions about a new course that we could deliver that would help our students to achieve their desired outcomes, then please get in touch.

Renato Marques – College Principal
renato.marques@phoenixcollege.london

Rick Nunn – Curriculum Lead
rnunn@phoenixcollege.london